



# Swimming Form

I, Parent/Guardian of \_\_\_\_\_  
in Grade \_\_\_\_\_, hereby give consent for my child to participate in Swimming  
at Benjamin Preparatory School and understand it forms part of the curriculum.

Father/Guardian:

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

ID Number: \_\_\_\_\_

Cell Number: \_\_\_\_\_

Daytime Tel No: \_\_\_\_\_

Mother/Guardian:

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

ID Number: \_\_\_\_\_

Cell Number: \_\_\_\_\_

Daytime Tel No: \_\_\_\_\_

Child:

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

ID: \_\_\_\_\_

Does your child have any special needs or health conditions? (specify including allergies):

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Parent(s) / Guardian(s) Initials: \_\_\_\_\_

Is your child on any medication? (If so what is the purpose and when does the child take the medication?):

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# Swimming Form

Can the Father / Guardian swim?    Y / N

Can the Mother / Guardian swim?    Y / N

Has your child been for swimming lessons previously?    Y / N

If 'Yes', with whom and for what period?

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Contact details of previous instructor:

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Is there any other relevant information that the instructor should be aware of regarding the child?

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## Terms, Conditions and Rules

1. Swimmers must supply their own towel, costume, and swimming cap. Caps must be worn by ALL swimmers. Items of clothing, towels, bags and caps must be clearly labelled.
2. Swimmers will not be allowed to swim if there is any thunder or lightning or any other situation in which the weather is considered unfit for swimming by the instructor.
3. Should your child misbehave and/or disrupt a lesson he/she will be given a warning. Should he/she persist with such behaviour, he/she may be asked to leave the class.
4. Any queries may be left for the instructor or you may contact the instructor using SMS or mobile phone strictly between the hours of 8 am to 2 pm. Lessons will not be interrupted in any way whatsoever to communicate via SMS or mobile phone.
5. I / we hereby waive any claim which may at any time have against any instructor/s or any person in control thereof or in charge thereof shall be liable in any manner whatsoever for any damage, loss, loss of life, bodily injury or damage to, or loss of property, of whatsoever nature and from whatsoever cause, whether caused by negligence of teacher/s or any person acting on their behalf, which may be caused or arise from the above lessons or from any other tuition/sporting activity offered or taught by the instructors and I hereby indemnify and shall keep indemnified the instructors against any and all claims, consequential or material, by any person arising out of causes referred to herein, or any other causes whatsoever arising out of the above mentioned lessons and/or tuition and/or sporting activities.
6. Swimming costume and shorts must be navy blue.

Signed at: \_\_\_\_\_ on this the \_\_\_\_\_ day of \_\_\_\_\_ in the  
year \_\_\_\_\_

Father/Guardian signature: \_\_\_\_\_

Mother/Guardian signature: \_\_\_\_\_



# Swimming Coach

Dear Parents,

This letter serves a dual purpose, acting as both an indemnity form and a source of general information regarding swimming activities at our school. It's important for us to inform you that our school has a qualified swimming coach, and we kindly request your consent for him/her to provide **hands-on assistance to the students while they are in the pool (where deemed necessary)**. Please note that swimming caps, navy costume and a towel are mandatory. To further assist us in ensuring your child's safety and well-being, we have a few additional requests.

1. Please communicate any special **precautions or considerations** relevant to your child to the coach or school staff. This information is crucial for us to tailor our approach and monitor your child correctly.
2. Should your child be **unable to swim at all, please let us know**. This will help us make appropriate accommodations and ensure your child's experience at the pool is both safe and enjoyable.

To streamline the changing process, we permit all students to wear their PE kit on their designated swimming day. Please ensure **ALL** items are clearly marked and have a waterproof bag to store wet items in to avoid damaging school books, etc.

It is the responsibility of the learner to ensure all items are placed safely in their bags.

Sincerely,

Benjamin Preparatory School

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I \_\_\_\_\_ parent/guardian of  
\_\_\_\_\_ in grade \_\_\_\_\_ hereby give permission for my  
child to swim and be assisted by the swimming coach.

My name & contact number:

Name \_\_\_\_\_

Contact: \_\_\_\_\_

Signature \_\_\_\_\_

Date: \_\_\_\_\_